

# DEMENTIA 101 & RISK REDUCTION

**During this presentation participants will gain a better understanding of:**

- ✓ What is “normal” vs. “not normal” aging of the brain
- ✓ 10 warning signs of dementia & types of dementia
- ✓ Risk Factors
- ✓ Risk Reduction/Prevention Strategies

**Cobb Public Library  
109 109 Mifflin St.  
Cobb, WI 53526**

**TUESDAY, OCTOBER 29, 2024  
10:00 - 11:30 AM**

For more information or to register please call:

 608-426-4295

