



# Resource Guide

**Aging and Disability Resource Center  
of Southwest Wisconsin  
Iowa County Office  
303 W. Chapel St. Dodgeville, WI 53533  
608-930-9835 (TTY or Voice)  
1-800-514-0066 (Toll-Free-TTY-or Voice)  
608-935-0355 (Fax)  
E-mail: [adrc@iowacounty.org](mailto:adrc@iowacounty.org)  
Website: [www.adrcswwi.org/iowa](http://www.adrcswwi.org/iowa)  
Office Hours: Monday-Friday 8:00am-4:30pm**

## **Mission Statement:**

**To provide older adults and people with physical and developmental/intellectual disabilities the resources needed to live with dignity and security, and achieve maximum independence and quality of life. The goal of the Aging and Disability Resource Center is to empower individuals to make informed choices and to streamline access to the right and appropriate services and supports.**

Dear Consumer,

Thank you for contacting the Aging & Disability Resource Center of Southwest Wisconsin located in Iowa County! We are happy to be able to assist and provide you with resources and information for yourself and/or your loved ones.

If you find you need more information about a service other than the phone number and website, you may contact the Aging & Disability Resource Center (ADRC) at 608-930-9835.

If you notice a service or an organization that is not listed, please call the Aging & Disability Resource Center to request inclusion in the next publication.

**\*\*Please Note: This directory may not include all agencies serving Iowa County residents and is not a recommendation for any provider. We do not professionally promote or endorse any of the following resources. Please check references of a chosen agency to make personal decisions regarding the resources that are best for you.\*\***

## **Iowa County Staff Directory**

Valerie Hiltbrand	ADRC Manager
Kristena Springer	Department Assistant
Renae Kratcha	Elder Benefit Specialist
Kayla Larson	Disability Benefit Specialist
Shannon Wilson	Aging & Disability Resource Center Spec.
Jenny Huffman	Aging & Disability Resource Center Spec.
Brittany Mainwaring	ADRC Specialist Lead
Nikki Brennum	Adult Protective Services Social Worker
Shelley Reukauf	Adult Protective Services Social Worker
Nohe Caygill	Transportation Coordinator
Bonnie Beam	Dementia Care Specialist
Rose Erickson	ADRC Taxi Driver
Victoria Mecozzi	ADRC Bus Driver

The Aging and Disability Resource Center operates its programs and services without regard to race, color, and national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with the Aging & Disability Resource Center.

## **Iowa County ADRC Board**

Do you have an interest in serving Iowa County? The ADRC Board represents adults 60 and older and adults with a disability. If you are interested, contact the local office to get a description of the board member requirements. Mileage reimbursement is offered to those traveling outside of Dodgeville.

## **Aging and Disability Resource Center Specialists**

Aging and Disability Resource Center Specialists provide up-to-date information on many services and resources, including, but not limited to: Home Health Agencies, Transportation Services, Public Benefits, Housing Options, Personal Care Agencies, Senior Dining Sites, Home Delivered Meal Programs, Support Groups, Prevention Classes, Managed Care, Self-Directed Support Waivers and much, much more!

- **Options counseling** is a one-on-one consultation to help you think through the pros and cons of the various options in light of your situation, values, resources and preferences. Information is provided by an ADRC Specialist about the choices you have. For example, when making decisions about where to live, what kind of help you need, where to receive that care and help, and how to pay for it.
- **Youth Transition-** If you are a young adult with a disability transitioning from the school system and/or children's programs to adult programs, the Aging & Disability Resource Center is here to help you and your families make that transition as smooth as possible. Many changes in disability services occur when a student is between the age of 18 and 21. ADRC Specialists at the Aging & Disability Resource Center can assist in answering questions you may have. A Youth in Transition guide is available at no cost.
- **Long Term Care Services:** The ADRC is responsible for helping people access publicly funded long term care programs and assisting them in understanding all available options. ADRC staff determines functional eligibility and help facilitate financial eligibility with Economic Support. If eligible, ADRC staff help facilitate enrollment.
- **Nursing Home Relocation:** Nursing home relocation may be an option for someone who is a resident of a nursing home that wishes to relocate to either independent living in the community or to assisted living. You may be eligible if:
  - You are 65 years of age or older OR 18 years of age or older and have a disability
  - The nursing home is currently billing Wisconsin Medicaid for your stay/services
  - Your stay in the nursing home has been long-term or is expected to be long-term
- **Caregiver Support:** Provides a wide variety of resources and information to adults and their families in the community through a variety of programs and services, including caregiver support groups.

## **Dementia Care Specialist**

The Dementia Care Specialist (DCS) plays a variety of roles in supporting individuals impacted by dementia and promoting community awareness of the conditions. The DCS supports individuals with dementia, their families, and loved ones through consultation to discuss such things as programs, resources, supports, caregiving techniques, and planning. Community awareness is also promoted by the DCS through dementia-friendly community initiatives, educational events, and social media.

## **Benefit Specialists**

### **Elder Benefit Specialist:**

Specializes in assisting persons age 60 and older to attain access to needed benefits and programs.

### **Disability Benefit Specialist:**

Specializes in assisting persons aged 18 years-59 to attain access to needed benefits and programs.

Benefit Specialists can help in accessing both private and public programs and benefits, and can provide information about consumer rights. They can provide information and advocacy on a wide range of issues and assist with the application and/or appeal process for public and private benefits like Medicare, Social Security, Medicaid, Disability, SeniorCare, Supplemental Security Income and Medigap Insurance. Many of the benefit issues that people over the age of 60 and adults with disabilities face are very complex. Benefit Specialists assess the situation and discuss options so that persons can make an informed decision.

## **Health & Wellness Workshops**

**Living Well with Chronic Conditions-** This six week workshop is for people who have one or more chronic conditions. A chronic condition is an ongoing health problem or disease such as diabetes, heart disease, arthritis, depression, and other long-term problems. Mutual support and success build participants' confidence in their ability to manage their health condition to maintain active and fulfilling lives. Participants of this program have reported from improved general health, fewer days of hospitalizations, and fewer health care visits.

**Healthy Living with Diabetes-** This program is intended for anyone who has, or lives with someone who has, diabetes. This is a six week workshop designed to be a complement to treatment that participants receive from their health providers. Classes are highly participative, where mutual support and success build participants' confidence in their ability to manage their health condition and maintain active and fulfilling lives.

**Stepping-On-**This seven week evidenced-based program is proven to reduce falls and build confidence in older people. This program is a small-group workshop that is specifically designed for people who are at risk of falling, have a fear of falling, or who have fallen one or more times. Classes are taught by trained leaders and include guest experts who address a variety of issues including proper shoe fitting, medication management, vision, and strengthening exercises.

**Tai Chi-** This is a twelve week workshop that meets twice a week. It is offered through the ADRC and Public Health Department. Tai Chi is a graceful form of exercise that involves a series of movements, known as forms, that are performed in a slow, focused manner combined with controlled breathing. It is a low impact exercise that puts minimal stress on muscles and joints making it suitable for many older adults.

**Healthy Living with Chronic Pain** is for people who have on-going, persistent pain. Developed at Stanford University, the workshop sessions meet for 2-1/2 hours, once a week, for six consecutive weeks. This community-based program is very interactive, where mutual support and success build participants' confidence in their ability to manage their pain and maintain active and fulfilling lives. Facilitated by two trained Leaders in a small group setting, the program delves into various topics related to mental, physical, and emotional well-being. Gain knowledge, share your experience, practice new skills, and help others while helping yourself.

**Mind Over Matter** is designed to give women the tools they need to take control of bladder and bowel leakage. Join a MOM workshop for 3 sessions, each lasting 2 hours, every other week for one month and learn strategies for preventing or lessening symptoms including information-sharing, group activities, simple exercises, and dietary changes. With practice, these new skills are proven to help you avoid or reduce leakage so you can keep doing the things that matter most to you. Researched and proven to improve bladder symptoms for 71% of participants and bowel symptoms for 55%!

**Powerful Tools for Caregivers** is a six week (once a week) educational workshop for people who are taking care of a family member or friend designed to support the family caregiver and improve their well-being. It does not teach hands-on care or focus on disease or other conditions, but rather helps the caregiver cope with the physical, emotional and financial challenges of being a caregiver.

**Walk with Ease-** Learn how to safely make physical activity part of your everyday life. This workshop is designed to help people living with arthritis better manage their pain but it is also ideal for people without arthritis who want to make walking a regular habit.

These programs are sponsored by the Aging & Disability Resource Center with the support of Upland Hills Health, Iowa County Health Department or another sponsor. Stepping-On is offered for a \$5 fee; all other workshops are offered at no cost. To register, please call the Aging & Disability Resource Center at 608-930-9835.

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Check out our [Facebook](#) page:  
 “ADRC of Southwest Wisconsin”  
 & [Website:](#)  
[www.adrcswwi.org/iowa](http://www.adrcswwi.org/iowa)



# INFORMATION & REFERRAL

Community information and referral agencies connect people with resources that can help them.

Aging & Disability Resource Center	608-930-9835 Toll Free 800-514-0066 FAX 608-935-0355
Independent Living Resources	608-647-8053 Toll Free 877-471-2095
UW-Extension	608-930-9850
So. Regional Center for Children & Youth with Special Health Care Needs (Waisman Center, Madison)	800-532-3321
Brain Injury Resource Center of Wisconsin	262-770-4882
United Way of Dane County	211
Wisconsin Addiction Recovery Helpline	211
Well Badger Resource Center (For youth & families)	608-571-1481

## CRISIS LINES

24-hour crisis lines often serve as the first point of contact for individuals who are seeking help, support, and information. Crisis can affect anyone at any time. The need for emotional support or referral assistance is something most individuals encounter at some point in their lives.

***\*\*If you are in an emergency, in danger, or being threatened, please call 911\*\****

<b>National Crisis Line:</b>	<b>988</b>
**When you call, this will give you the option of choosing to be routed to a Spanish speaking line, Veterans line, or LGBTQ line. If you choose none, then you will be routed to the local crisis line.	
<b>Iowa/Grant County Crisis Line:</b>	800-362-5717
<b>Deaf or Hard of Hearing:</b>	800-799-4889
<b>Farmers Hotline:</b>	800-942-2474
<b>LGBTQ Suicide Hotline/Trevor Lifeline:</b>	866-488-7386 OR text 678-678
<b>Spanish Hotline:</b>	888-628-9454
<b>Domestic Violence Services:</b>	
Family Advocates, Inc	<a href="http://www.familyadv.org">www.familyadv.org</a> 800-924-2624
Green Haven Family Advocates	<a href="http://www.greenhaven4help.com">www.greenhaven4help.com</a> 608-325-7711
<b>Peer Emotional Support:</b>	
Hopeline is a FREE 24/7 texting resource <a href="http://www.thehopeline.com">www.thehopeline.com</a> Text "Hopeline" to 74174	
Solstice Warm Line: Talk to peers that have been in your situation	608-244-5077
AARP Friendly Voices	1-888-281-0145
<b>Suicide Prevention:</b>	<b>988 (call, text, or chat)</b>
Northwest Connections Crisis Line	888-552-6642
<b>Emergency Mental Health Crisis:</b>	
Northwest Connections Crisis Line	888-552-6642
<b>To report child abuse:</b>	
Iowa County Department of Social Services	608-930-9801
After Hours: Contact the Sheriff's Department and request an on-call worker to be paged.	

<b>To report elder/vulnerable adult abuse:</b>		
Aging & Disability Resource Center		608-930-9835
After Hours: Contact the Sheriff's Department and request an on-call worker to be paged.		
<b>Babies &amp; Beyond of WI, Inc. (formerly known as Pregnancy/After Birth Hotline):</b>		
	<a href="http://www.babiesandbeyondwi.org">www.babiesandbeyondwi.org</a>	608-222-0008
<b>Veterans Crisis Services:</b>	<b>Dial 988 then press 1; chat live, or text 838255</b>	
Veterans Hotline	<a href="http://www.veteranscrisisline.net">www.veteranscrisisline.net</a>	800-273-8255
<i>**You do not have to be enrolled in VA benefits or healthcare to connect</i>		
<i>***Serves Veterans, their families, and friends</i>		
<b>Addiction Services:</b>		
Wisconsin Addiction Recovery Helpline	<a href="http://www.addictionhelpwi.org">www.addictionhelpwi.org</a>	211

## **VETERAN'S SERVICES**

Veteran's Services are the local advocates for the men and women who have served our country in the Armed Forces of the United States.

Iowa County Veterans Service Office	608-930-9865
Veteran's Volunteer Transportation Program (Scheduling a ride is between the hours of 8:00-4:30 and must call 48 hours in advance of appt.)	608-930-9865 or 608-930-9835
Triage Nurse Advice Line - William S. Middleton Veterans Hospital	888-598-7793
Veteran's Financial Assistance (crisis funding may be available for emergency grants to pay for heating fuel, utilities, groceries, and other basic needs, including limited medical care.)	608-930-9865
Mobility 4 Vets Wheelchair Shop (Used scooters, wheelchairs, walkers for sale and do quality repairs)	715-281-6175
Wisconsin Veterans Outreach & Recovery Program <a href="http://www.wisvets.com">www.wisvets.com</a> (mental health services, substance abuse treatment, housing assistance, transportation, etc.)	1-800-947-8387

## IN-HOME SERVICES



There are a variety of services and programs that can be brought into the home to assist in keeping people safe and helping them to be more independent. Listed below are some of the more common services used. Other service and program information can be obtained from the Aging and Disability Resource Center.

### Emergency Medical Alert Systems

When emergency help is needed, the user can press the transmitter's "help" button, sending a radio signal to the console. This causes the console to automatically dial one or more pre-selected emergency telephone numbers. The transmitter can be worn around the wrist, neck, or attached to a belt loop. **In addition to the list below, some retail businesses sell similar response systems as well. Contact the ADRC for a complete list at 608-930-9835.**

<b>VRI CARES (former Life Assist)</b>	(Serves all of Iowa County)
1-800-860-4230	Set-Up Fee \$30.00
Corporate Office- Franklin, OH	Basic Monthly Fee \$35.00
<a href="http://www.vricares.com">www.vricares.com</a>	Fall Detection Add-On \$43.00
	Mobile GPS Unit- \$43.00
<b>SSM Health at Home- "Voice Care"</b>	(Serves Part of Iowa County)
4639 Hammersley Rd	Set-Up Fee: \$35.00
Madison, WI 53711	Basic Monthly Fee: \$30.00
<a href="http://www.ssmhealthathomeWI.com">www.ssmhealthathomeWI.com</a>	Fall Detection Add-On \$12.00
855-332-6882	Need a Landline
<b>Richland Electric Cooperative-"First Call"</b>	( Serves part of Iowa County)
P.O. Box 439	Set-Up Fee \$35.00
Richland Center, WI 53581	Basic Monthly Fee \$26.32
<a href="http://www.rec.coop">www.rec.coop</a> 608-647-3173	Need a Landline
<b>Iowa County Sherriff's Department- Project Lifesaver</b>	<b>(GPS for Individuals who wander)</b>
109 E. Leffler St., Dodgeville, WI	608-930-9500
<b>Angel Sense (GPS Tracking for those with Autism, Dementia and others who wander)</b>	
1-888-999-2023	<a href="http://www.angelsense.com">www.angelsense.com</a>

### **Inclement Medical Alerts/Accidents/Road Closures:**

Iowa County Emergency Management

[www.iowacounty.org/departments/emergencymanagement](http://www.iowacounty.org/departments/emergencymanagement)

## Personal Care Services/Supportive Home Care

The agencies listed below provide a wide variety of services to support individuals to live successfully at home. These services could include: Meal Preparation, Personal Care(bathing, dressing, etc), Housekeeping etc. These agencies are private pay, unless Medicaid billable.

\*Medicaid billable

Christian Servants Home Care (serves all of the county) Dodgeville, WI	608-574-5207
*Comfort Keepers (serves Barneveld, Arena, Blanchardville, Ridgeway, Dodgeville) <a href="http://www.madison-231.com/comfortkeepers.com">www.madison-231.com/comfortkeepers.com</a> Madison, WI	608-442-1898
Community Living Alliance (serves part of the county) <a href="http://www.clanet.org">www.clanet.org</a> *SHC only Madison, WI	608-242-8335
Eternity Home Care (serves all of the county) <a href="http://www.eternityhomecare.com">www.eternityhomecare.com</a> Madison, WI	608-251-2273
Friends for Folks LLC (serves all of the county) *Supportive Home Care only Dodgeville, WI	608-341-8344
Hodan Center- Supportive Home Care Program <a href="http://www.hodancenter.org">www.hodancenter.org</a> Mineral Point, WI	608-987-3336
*Home Care Select (serves all of the county) <a href="http://www.homecaresselectinc.com">www.homecaresselectinc.com</a> Cassville, WI	608-725-5190
*Home Care MCFI (serves all of the county) <a href="http://www.mcfi.net">www.mcfi.net</a> Milwaukee, WI	414-290-0050
Home Together, Inc (serves all of the county) Monroe, WI	608-329-4574
*Homeward Bound Inc (serves all of the county) <a href="http://www.hcbcure.com">www.hcbcure.com</a> Lancaster, WI	608-723-6601
Integrity Home Care Solutions (serves all of the county) <a href="http://www.intergrityhomecaresolutions.com">www.intergrityhomecaresolutions.com</a> Mineral Point, WI	608-574-5481
International Quality Home Care (serves all of the county) <a href="http://www.internationalquality.com">www.internationalquality.com</a> Prairie du Sac, WI	866-842-3249
*Lori Knapp Inc (serves part of the county) <a href="http://www.loriknappinc.com">www.loriknappinc.com</a> Richland Center, WI	608-647-5247
*Making Memories Home Care (serves all of the county) Dodgeville, WI	608-553-1937
Maximum Healthcare Services (serves part of the county) <a href="http://www.maximhealthcare.com">www.maximhealthcare.com</a> Madison, WI	608-232-1000
MCFI Home Care (serves all of the county) <a href="http://www.mcfihomocare.net">www.mcfihomocare.net</a> Milwaukee, WI	414-290-0050
Recover Health (serves all of the county) <a href="http://www.recoverhealth.org">www.recoverhealth.org</a> Madison, WI	608-274-8193
Southwest Home Care (serves all of the county) <a href="http://www.southwesthomecareangels.com">www.southwesthomecareangels.com</a> Dodgeville, WI	608-930-3000
Transitions Health (serves all of the county) <a href="http://www.transitionshealth.org">www.transitionshealth.org</a> Mount Horeb, WI	608-437-5515
Village Caregiving (serves all of the county) <a href="http://www.villagecaregiving.com">www.villagecaregiving.com</a> Madison, WI *contracts with VA	414-251-1952
Dean/SSM Papa's Pals (Dean Gold Enhanced, Shared and Dean Advantage Plans Only) Up to 10 hours/month for Supportive Home Care billable to insurance.	888-840-1609

## **Home Health Agencies**

These services may include: Skilled Nursing Care, Occupational/Physical/Speech/Infusion Therapy. Personal Care & bathing may be able to be provided with a need for skilled nursing care.

SSM Health at Home <a href="http://www.ssmhealthathomeWI.com">www.ssmhealthathomeWI.com</a>	(serves all of the county) Madison, WI	800-924-2273
Homeward Bound Inc <a href="http://www.hbcare.com">www.hbcare.com</a>	(serves all of the county) Lancaster, WI	608-723-6601
Recover Health <a href="http://www.recoverhealth.org">www.recoverhealth.org</a>	(serves all of the county) Madison, WI	608-274-8193
Transitions at Home <a href="http://www.transitionshealth.org">www.transitionshealth.org</a>	(serves all of the county) Mount Horeb, WI	608-437-5515
Upland Hills Home Health <a href="http://www.uplandhillshealth.org">www.uplandhillshealth.org</a>	(serves all of the county) Dodgeville, WI	608-930-7210

For complaints concerning home health agencies or hospice agencies in Wisconsin, call the Home Health Hotline: 1-800-642-6552 or (608) 267-1441

## **Palliative Care Agencies**

Palliative Care is specialized medical care for people with serious illnesses. It focuses on providing patients with relief from the symptoms and stress of a serious illness, but not necessarily terminal.

Agrace Palliative Care <a href="http://www.agrace.org">www.agrace.org</a>	Dodgeville, WI	608-276-4660
SSM Health at Home- Palliative Care <a href="http://www.ssmhealthathomewi.com">www.ssmhealthathomewi.com</a>	Madison, WI	877-356-4514

# **END OF LIFE RESOURCES**

## **Hospice Agencies**

Hospice provides a full range of supportive services for people who are in the final stages of their illnesses. Services may include: Medical Care, Pain & Symptom Management, Home Nursing Visitation, Bereavement Services for the patient and members of the family, Counseling etc. These services are covered through Medicare, Medicaid and private insurance.

Agrace Hospice & Palliative Care <a href="http://www.agrace.org">www.agrace.org</a>	Dodgeville, WI	608-276-4660
SSM Health at Home- Hospice & Palliative Care <a href="http://www.ssmhealthathomewi.com">www.ssmhealthathomewi.com</a>	Madison, WI	800-924-2273
Upland Hills Hospice <a href="http://www.uplandhillshealth.org">www.uplandhillshealth.org</a>	Dodgeville, WI	608-930-8000
St. Croix Hospice <a href="http://www.saintcroix.org">www.saintcroix.org</a>	Platteville, WI	608-348-2778
Heartland Hospice (Barneveld, Ridgeway, Dodgeville areas) <a href="http://www.heartlandhospice.com">www.heartlandhospice.com</a>	Madison, WI	866-216-5708
Moment's Hospice <a href="http://www.momentshospice.com">www.momentshospice.com</a>		763-205-3600

## Funeral Homes

<b>Blanchardville</b>	Saether Funeral Home	608-523-4247
<b>Dodgeville</b>	Gorgen-Mcginley & Ayers Houck Funeral Home	608-935-5222 608-935-3628
<b>Highland</b>	Mcguire-Peterson-Houck	608-929-4815
<b>Mineral Point</b>	Gorgen Funeral Home	608-987-3421
<b>Montfort</b>	Soman-Larson Funeral Home	608-943-6906
<b>Muscoda</b>	Godager-Pratt Funeral Home	608-739-3511
<b>Spring Green</b>	Richardson-Stafford Funeral	608-588-2181

**Wisconsin Funeral Assistance and Cemetery Aid Program-** If a deceased individual was on Medicaid when they passed away, they may be eligible for assistance in funeral funding. Funeral directors may request information about potential eligibility about specific decedents by calling 1-888-859-0611 or by emailing [DHSWFCAApplications@wi.gov](mailto:DHSWFCAApplications@wi.gov).

## Wills/ Power of Attorney

**Living Will-** This is a declaration to their physician. This is a document signed by a patient giving instructions to physicians under certain circumstances. Forms can be obtained at [www.Gwarr.org](http://www.Gwarr.org)

**Power of Attorney for Health Care (POA-HC)-**A document that authorizes another person (agent) to make health care decisions for the person executing the document (principal) consistent with the terms of the document and based on the wishes, effective when the principal is unable to make health care decisions. It can include, but need not, a statement of wishes regarding future care. It is essential that principals talk to their agents about their wishes. Information and forms are available at the ADRC or [www.gwaar.org](http://www.gwaar.org) under WI Guardianship Support Center or 1-855-409-9410.

**Power of Attorney for Finance (POA-F)-** A document that you (principal) complete and sign, naming another individual (agent) to manage your finances. Information and forms are available at the ADRC or [www.gwaar.org](http://www.gwaar.org) under WI Guardianship Support Center or 1-855-409-9410.

**Last Will and Testament-** Consumer can choose to complete forms and write on their own or have an attorney assist. Reduced fee attorney programs are through State Bar of Wisconsin (1-800-362-9082) & Legal Action of Wisconsin (1-800-362-3904).



## HEALTH SERVICES

### **Local Clinics**

Iowa County Health Department <i>Blood pressure &amp; Immunization clinics, TB skin testing, Women's Wellness Program.</i>	608-930-9870
SSM Health – Blanchardville Clinic (formerly Monroe Clinic)	608-523-4261
SSM Health – Dodgeville Clinic	608-935-3301
SSM Health – Lands' End Clinic	608-935-6577
SSM Health – Mineral Point Clinic	608-987-2391
Upland Hills – Barneveld	608-924-1088
Upland Hills – Dodgeville Medical Center	608-935-2308
Upland Hills – Highland	608-929-4518
Upland Hills – Mineral Point Medical Center	608-987-2346
Upland Hills – Montfort	608-943-6308
Upland Hills – Mount Horeb	608-437-8033
Upland Hills – Spring Green	608-588-2600

### **Reduced Fee Health-Care Clinics:**

To provide basic health care for those who do not have insurance cannot afford or access medical services. If you have Medicare or Medical Assistance, you cannot use this program.

Community Connections Free Clinic (Dodgeville) 608-930-2232  
101 E. Fountain St. Dodgeville, WI 53533 [www.ccfcw.org](http://www.ccfcw.org)

### **Foot Clinics**

Travelling for Tootsies LLC (providing safe practices for diabetics and immunocompromised. Services in the home or at a foot clinic) 608-576-8986

### **Reduced Fee Dental Clinics:**

\*All of the dental clinics accept Medicaid (MA), Badger Care, or Medicare. Please contact the clinics for more information.\*

Crescent Community Health Center 1789 Elm St. Dubuque, IA	563-690-2852 <a href="http://www.crescentch.org">http://www.crescentch.org</a>
Inhealth Dental Clinic 109 E. Bluff St. Boscobel, WI	608-375-4324
Access Community Health Center 103 E. Fountain St. Dodgeville, WI	608-935-5550 <a href="http://www.accesscommunityhealthcenters.org">www.accesscommunityhealthcenters.org</a>
Welter Family Dentistry (Prairie du Chien) *accepts MA for under 15	608-326-7445
Wisconsin Donated Dental <i>A program to assist with funding for some dental services.</i>	866-812-9840 <a href="http://www.wda.org">http://www.wda.org</a>



## **Hospitals in Iowa County:**

Upland Hills Health Hospital 800 Compassion Way Dodgeville, WI	608-930-8000 <a href="http://www.uplandhillshealth.org">www.uplandhillshealth.org</a>
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## **Mental Health and Counseling Services in Iowa County:**

Unified Community Services – Dodgeville	608-935-2776
Uplands Counseling Associates – Dodgeville	608-935-2838
Platteville Family Resource Center – Dodgeville Location	608-348-4060
Foundations Counseling – In Home Therapy	608-424-9100
Northwest Connections, Crisis Line	800-362-5717
WKM Psychology Clinic - Dodgeville Branch	608-342-4853
Oregon Mental Health Services – Dodgeville Location	608-835-5050

## **Geriatric Mental Health Services**

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can help with challenging behavioral symptoms. Signs include frequent or extreme mood swings, depression, suicidal tendencies, aggression, wandering or major changes in sleep.

Southwest Health Center-Southwest Behavioral Services Platteville, WI <a href="http://www.southwesthealth.org">www.southwesthealth.org</a> (Inpatient & Outpatient)	608-348-3656
O' ROURKE Dementia Stabilization (Inpatient) Monroe, WI <a href="#">O' ROURKE Dementia Stabilization Unit   Pleasant View Nursing Home</a>	608-325-2171
Mendota Mental Health Madison, WI (Inpatient only)	608-301-1000
Stoughton Hospital – Geriatric Psychiatry <a href="http://www.stoughtonhospital.com">www.stoughtonhospital.com</a> (Inpatient)	608-873-2242

## **Local Pharmacies**

\*=Delivery of Medications. Please contact the pharmacies for more specific information regarding deliveries and fees.

*Ivey's Pharmacy – Mineral Point	608-987-2336
*Hometown Pharmacy (Corner Drug) – Dodgeville	608-935-3661
Walgreen's – Dodgeville	608-935-2041
Wal-Mart – Dodgeville	608-935-2373

## **Medication Disposal Drop Off Box**

Safely disposing prescribed or over-the-counter medication can have a positive impact in safeguarding lives and protecting the environment by disposing of unused medicines properly. Iowa County currently offers the following locations that will accept pill form medications. The box is located inside the lobby of the Iowa County Sheriff's Dept.

Iowa County Sheriff's Department Lobby – 109 E. Leffler St. Dodgeville	608-930-9500
Hometown Pharmacy – 316 W. Spring St. Suite. 6, Dodgeville	608-935-3661



## Medical Equipment and Supplies

Aging and Disability Resource Center <a href="http://www.adrcswwi.org">www.adrcswwi.org</a> (assistive technology tool kit demonstration)	608-930-9835
American Cancer Society <a href="http://www.cancer.org">www.cancer.org</a> (Patients with cancer can call for a list of equipment available)	800-227-2345
Apria HealthCare <a href="http://www.apria.com">www.apria.com</a> (home respiratory therapy, diabetic supplies, medications and equipment, home infusion therapy and home medical equipment services)	800-277-4288
Apostolate to the Handicapped “ <b>Loan Closet</b> ” <a href="http://www.monroeclinic.org">www.monroeclinic.org</a>	Monroe 608-328-8371
Access Elevator <a href="http://www.allaboutaccess.net">www.allaboutaccess.net</a> (Purchase or rent stair lifts, ramps, install grab bars etc)	Madison 414-727-2524
Iowa County “ <b>Loan Closet</b> ” (gently used medical equipment)	Dodgeville 608-930-9865
Buit Mobility <a href="http://www.buitemobility.com">www.buitemobility.com</a> (purchase or rent stair lifts, knee scooters, power scooter, ramps)	Madison 608-403-3090
Community Home Medical Equipment	Richland Center 608-383-5491
Friends of Man <a href="http://www.friendsofman.org">www.friendsofman.org</a> (funding to help with medical equipment, prosthesis)	Colorado 303-798-2342
SSM Health at Home <a href="http://www.ssmhealthathomewi.com">www.ssmhealthathomewi.com</a> (respiratory, mobility aides, hospital beds, bath safety)	Madison/Dodgeville 800-924-2273
Independent Living Resources <a href="http://www.ilresources.org">www.ilresources.org</a> (equipment demonstration)	Richland Center 608-647-8053
J & B Medical Supply <a href="http://www.jandbmedical.com">www.jandbmedical.com</a> (Delivery of Incontinent, Urological Supplies, Diabetic Supplies)	800-980-0047
Mercy Homecare Medical Equipment <a href="http://www.mercydubuque.com">www.mercydubuque.com</a> (respiratory & sleep therapy, mobility, safety, and bariatric equip.)	Dubuque, IA 800-637-2944
Upland Hills Hometown Medical Equipment <a href="http://www.uplandhillshealth.org">www.uplandhillshealth.org</a> (respiratory, mobility aides, lift chairs, bathroom safety)	Platteville, WI 608-348-6250
WisconsinAT4ALL ( <b>Loan Closet</b> ) <a href="http://www.wisconsinat4all.com">www.wisconsinat4all.com</a> (resource for locating medical equipment available at WisTECH agencies)	608-266-7974
Wisconsin Assistive Technology Initiative <a href="http://www.wati.org">www.wati.org</a> (provides assistive technology services for children birth to age 3, and school age children through the Cooperative Education Service Agencies (CESAs).	608-921-1258

## Medical Equipment/Supplies Donation

Have some items to donate that could help someone else? The following organizations will accept medical equipment and supplies.

Iowa County Loan Closet (Will accept gently used medical equipment)	Dodgeville 608-930-9864
Community Connections Free Clinic (Will accept sealed medications, diabetic supplies, blood pressure cuffs etc)	Dodgeville 608-930-2232
Wisconsin Lions Foundation- Donation of Hearing Aids & Eye Glasses	715-677-4969
Aging & Disability Resource Center (Will accept incontinence supplies)	608-930-9835

## SERVICES FOR THE DEAF OR HARD OF HEARING

The following agencies provides information and referral services on a variety of topics tailored to the unique needs of Deaf, Deafblind, or Hard of Hearing residents including but not limited to the following: Available Services, Available Technologies for Accessibility, Community Services.

Office for the Deaf and Hard of Hearing (ODHH) <a href="http://www.dhs.wisconsin.gov/sensory">www.dhs.wisconsin.gov/sensory</a>	608-266-5641
Wisconsin Telecommunication Relay System <a href="http://www.wisconsinrelay.com">www.wisconsinrelay.com</a>	Customer Service 800-395-9877 TTY 800-283-9877
Center for Sight and Hearing <a href="http://www.centerforsighthearing.org">www.centerforsighthearing.org</a>	800-545-0080 TTY/TDD 815-332-6820
Telecommunications Equipment Purchase Program (TEPP) <a href="http://www.tepp.wipfli.com">www.tepp.wipfli.com</a>	800-251-8345 TTY 608-267-1479
Wisconsin Lions Foundation-Hearing Aid Program <a href="http://www.wlf.info">www.wlf.info</a>	715-677-4969
Independent Living Resources <a href="http://www.ilresources.org">www.ilresources.org</a>	608-647-8053
Wisconsin Hearing Aids- Hearing Aid Rental Program <a href="http://www.wisconsinhearingaids.com">www.wisconsinhearingaids.com</a>	608-244-1221
Starkey Hearing Foundation- Hearing Aid Assistance <a href="http://www.starkeyhearingfoundation.org">www.starkeyhearingfoundation.org</a>	800-328-8602
i711.Com An internet relay service for Free. It's also an online community, with exclusive articles on deaf culture, employment and technology, community news headlines etc.	
Hear Wisconsin <a href="http://www.wihearing.org">www.wihearing.org</a>	414-604-2200
I Can Connect-WI <a href="http://www.icanconnect.org">http://www.icanconnect.org</a> (Equipment for dual sensory loss of both vision and hearing)	844-638-5800

## SERVICES FOR THE BLIND OR VISUALLY IMPAIRED

Provides information and referral services on a variety of topics tailored to the unique needs of the Blind and Visually Impaired residents, including but not limited to the following: available services, available Technologies for Accessibility, Community Services etc.

Independent Living Resources <a href="http://www.ilresources.org">www.ilresources.org</a>	608-647-8053
Center for Sight and Hearing <a href="http://www.centerforsightandhearing.org">www.centerforsightandhearing.org</a>	800-545-0080 TTY/TDD 815-332-6820
Division of Vocational Rehabilitation (DVR) Employment Services <a href="http://www.dwd.wisconsin.gov/dvr/">http://www.dwd.wisconsin.gov/dvr/</a>	800-228-2648
Wisconsin Council of the Blind & Visually Impaired <a href="http://www.wcblind.org">www.wcblind.org</a>	800-783-5213
Wisconsin Talking Book and Braille Library <a href="http://www.talkingbooks.dpi.wi.gov">www.talkingbooks.dpi.wi.gov</a>	800-242-8822
Braille Library and Transcribing Services, Inc <a href="http://www.bltsinc.org">http://www.bltsinc.org</a>	608-233-0222
Wisconsin Lions Foundation-Eye Glass Recycling Program <a href="http://www.wlf.info">www.wlf.info</a>	715-677-4969
I Can Connect-WI	844-638-5800

## **DEMENTIA SUPPORT SERVICES**

Aging & Disability Resource Center – Dementia Care Specialist <a href="http://www.adrcswwi.org">www.adrcswwi.org</a>	608-426-4295
Alzheimer's & Dementia Alliance <a href="http://www.alzawisc.org/">www.alzawisc.org/</a> (Provides information and resources regarding Alzheimer's disease and related dementias. )	888-308-6251
Alzheimer Association <a href="http://www.alz.org">www.alz.org</a> <ul style="list-style-type: none"><li>• Alzheimer's Family Caregiver Support Program</li><li>• Caregiver Support Program</li><li>• 24/7 Helpline: 1.800.272.3900</li></ul>	608-843-3402
Iowa County Sheriff's Department -GPS Monitoring bracelets available for consumers with wandering issues.	608-935-5827

## **Memory Diagnostic Clinics**

Offer a comprehensive, team approach to assessment, diagnosis and treatment. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%.

Southwest Health Center Memory Diagnostic Clinic Platteville, WI <a href="http://www.southwesthealth.org">www.southwesthealth.org</a>	608-348-3656
Monroe Clinic Memory Diagnostic Monroe, WI <a href="http://www.monroeclinic.org">www.monroeclinic.org</a>	608-324-2200
UW-Health Memory Assessment Clinic Madison, WI <a href="http://www.uwhealth.org">www.uwhealth.org</a>	608-263-7740
William S. Middleton Veterans Hospital Madison, WI <a href="http://www.madison.va.gov">www.madison.va.gov</a>	608-256-1901 ext. 17000
Dean Memory Assessment Center Madison, WI <a href="http://www.deancare.com">www.deancare.com</a>	608-260-3425
Richland Area Geriatric Assessment Center Richland Center, WI <a href="http://www.richlandmedctr.com">www.richlandmedctr.com</a>	608-647-6161
O' Rourke Dementia Stabilization Monroe, WI <a href="#">O' ROURKE Dementia Stabilization Unit   Pleasant View Nursing Home</a>	608-325-2171

## **ADULT SHELTERED WORKSHOPS**

A sheltered workshop can provide the opportunity for socialization and independence in a safe supervised environment for adults with limited abilities, such as cognitive impairments and dementia.

Hodan Community Services – Mineral Point	608-987-3336
Southwest Opportunities Center – Lancaster	608-723-6659
GreenCo – Monroe	608-328-8311

# **LIBRARIES**

Libraries are not only a great resource for books, but also host many events and activities throughout the year. In addition, most libraries have access to public computers and copy/fax machines. Check out your local library today!

Barneveld Public Library	608-924-3711
Blanchardville Public Library	608-523-2055
Cobb Public Library	608-623-2554
Dodgeville Public Library	608-935-3728
Hollandale Lending Library	608-574-4017
Mineral Point Public Library	608-987-2447
Montfort Public Library	608-943-6265
Muscoda Public Library	608-739-3182
Recording for the Blind & Dyslexic	800-221-4792
Wisconsin Talking Book & Braille Library	800-242-8822

# **EMPLOYMENT SERVICES**

Individuals with a disability may be able to receive education and/or employment services to enhance and enrich their lives. Benefits may include job training, employment opportunities, guidance and counseling, job search assistance, assistive technology, social skills, current events, computer skills, and more. For further information, regarding eligibility or which service is most appropriate to meet your needs, contact the Aging & Disability Resource Center at 608-930-9835.

Southwest Technical College- Dodgeville Outreach Site (Adult Basic Education courses, GED/HSED preparation, career planning services, and many other programming options at several outreach sites throughout Southwest Wisconsin. )	608-930-2878
WI Department of Workforce Development: WIA Youth Programs (Programs for Youth ages 14-21 who needs additional assistance in completing education or finding a job)	608-822-3276
Division of Vocational Rehabilitation(DVR)-Iowa County (You are eligible for DVR services if you have a disability that makes it difficult for you to find or keep a job. DVR can help! If you are between the ages of 14-16 and receive SSI, you could be eligible for the PROMISE program.)	800-442-3477
Iowa County Job Center (Public access to computers and internet to look for jobs online or work on a resume.)	608-935-3116
FoodShare Employment Training Program(FSET) (The FSET program is a free program that helps FoodShare members build their job skills and find jobs. FSET will assess your strengths, needs and preferences to help you with getting a job.)	608-930-9833
Southwest Cap- Skills Enhancement Program (Help people find and enroll in training programs that enable them to qualify for higher-paying jobs, full-time jobs with benefits and the opportunity for advancement.)	608-935-2326
The Senior Community Service Employment Program (The program is designed to assist with those over the age of 55 to get back into the workforce).	608-286-1059
Southwest Workforce Development Board <i>Adult Dislocated Worker Program:</i> (Programs are designed to help job seekers obtain job related occupational skills, upgrade skills, obtain employment, improve job retention, and increase earnings.) <i>WI Senior Employment (WISE) Program:</i> (The WISE Program is designed to improve and build upon the existing skills that an individual (age 55 and older) currently has.)	608-342-4220 608-314-3300 x302

# FINANCIAL ASSISTANCE

## Budgeting

UW Extension <a href="http://www.iowa.uwex.edu">www.iowa.uwex.edu</a> (provides free money management classes)	608-930-9850
Lutheran Social Services <a href="http://www.lsswis.org">www.lsswis.org</a> (Certified financial counselors will help you develop a budget and a plan of action for debt payment based on your individual situation. Complete online or schedule appointments at one of the local offices)	888-607-6775
University of Wisconsin-Platteville: Enrichment Classes <a href="http://www.uwplatt.edu">www.uwplatt.edu</a> (Budget 101 Course & Debt Free Living Course, Small Fee)	608-342-1314

## Taxes

AARP Tax-Aide Program <a href="http://www.aarp.org">www.aarp.org</a> (Volunteer tax-aides assist in filing taxes for Free)	888-687-2277
Farmland Preservation Tax Credit Dept. of Land Conservation <a href="http://www.datcp.wi.gov">www.datcp.wi.gov</a>	608-266-2442
Internal Revenue Service General Tax information <a href="http://www.irs.gov">www.irs.gov</a>	800-829-1040
Wisconsin Housing and Economic Development Authority (WHEDA)-Property Tax Deferral Loan Program	800-755-7835

## Insurance

**Medicare** is health insurance for people over the age of 65, people under the age of 65 with certain disabilities and people at any stage with End-Stage Renal Disease.

**Medicaid** is a federal/state program, which covers medical care for eligible individuals. Covers co-payments and deductibles not paid by Medicare. Medicaid will pay for long term care in a nursing home, but there are income and asset limitations to qualify. You must be considered Elderly, Blind, or Disabled.

**BadgerCare Plus** is health insurance for eligible individuals that meet certain income and asset limitations.

The below agencies can assist an individual in accessing the above insurances.

Aging and Disability Resource Center- <ul style="list-style-type: none"> <li>Elder Benefit Specialist (Age 60+)</li> <li>Disability Benefit Specialist (18-59 yrs)</li> </ul>	608-930-9835
Iowa County Department of Social Services – Medical Assistance/Badger Care	608-930-9801
Southern Consortium-Medical Assistance/Badger care	888-794-5780
Medigap Hotline(Health Insurance Assistance Program)	800-242-1060
Medicare	800-633-4227
Office of the Commissioner of Insurance	608-266-3585

## **Other Insurance (not eligible for Medicare or Medicaid)**

Contact the Aging and Disability Resource Center for list of insurance agents in the local area that can assist with the Marketplace or other private insurance. 608-930-9835.

Marketplace	<a href="http://www.healthcare.gov">www.healthcare.gov</a>	800-318-2596
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## **Prescription Drug Assistance**

Helps cover the cost of prescription drugs and may help lower your prescription drug costs. The agencies below can assist in access to prescriptions plans that would best meet your needs.

Aging and Disability Resource Center: SeniorCare or Medicare Part D	608-930-9835
Part D Disability Drug Benefit Helpline (Age 59 or younger)	800-926-4862
Part D Prescription Drug Helpline (Age 60+)	866-456-8211
Partnership for Prescription Assistance	<a href="http://www.pparx.org">www.pparx.org</a>
Badger RX Gold Program	866-809-9382

## **Energy or Utility Assistance**

\*Income restrictions for the below programs.

Iowa County Department of Social Services	608-930-9801
WI Home Energy Assistance Program(WHEAP)	608-930-9801
Salvation Army Madison/ Dubuque	608-256-2321 563-556-1573
Southwest CAP(weatherization, furnace assistance, rental assistance)	800-704-8555
Foundation of Rural Housing, Inc- Madison	888-400-5974
Spectrum Internet Assist: Discount on Internet (If you receive SSI or your children receive free/reduced lunch at school)	1-844-525-1574
Water Assistance Program (assistance with water bill)	1-833-426-9472

## **Reduced Fee Telephone Assistance**

\*Income restrictions for the below programs.

Lifeline & Link Up (monthly discount on landline telephones) Ask your landline provider about a senior discount	800-225-7729
SafeLink Wireless (free cell phone & minutes)	800-977-3768
Feel Safe Wireless (free cell phone & minutes) <a href="http://www.feelsafewireless.com">www.feelsafewireless.com</a>	877-247-7799

## **Chronic Condition and/or Cancer Resources**

These resources are dedicated to helping with some financial needs while battling cancer and/or chronic disease.

Iowa County Cancer Coalition	<a href="http://www.iowacountycancercoalition.org">www.iowacountycancercoalition.org</a> 608-623-2095
The Someday Foundation	<a href="http://www.somedayfoundation.org">www.somedayfoundation.org</a> 888-513-9719

National Multiple Sclerosis Society	<a href="http://www.nationalmssociety.org">www.nationalmssociety.org</a> 800-344-4867
ALS Association-Wisconsin Chapter	<a href="http://www.alsawi.org">www.alsawi.org</a> 414-8171541
4PeteSake (River Valley School District area)	<a href="http://www.4petesake.com">www.4petesake.com</a>
Pink Ribbon Riders (specific to breast cancer)	<a href="http://www.pinkribbonriders.com">www.pinkribbonriders.com</a>

## **BENEFIT ASSISTANCE AND SERVICES**

Benefit Specialists can help people over the age of 60 or disabled adults in accessing both private and public programs and benefits. They can also provide information, give advice and assist a person about their consumer rights. They can provide information and advocacy on a wide range of issues and assist with the application and/or appeal process for public and private benefits like Medicare, Social Security - Disability, SeniorCare, Supplemental Security Income, Medical Assistance, and Supplemental Insurance.

Aging & Disability Resource Center's Benefit Specialists	608-930-9835
<ul style="list-style-type: none"> <li>Elder Benefit Specialist (Age 60+)</li> <li>Disability Benefit Specialist (18-59 yrs)</li> </ul> <i>(Application preparation assistance for programs such as Foodshare, Fuel Assistance information, Medicaid application, SafeLink, Disability Programs, Social Security.)</i>	
Southern Consortium	888-794-5780
<i>(Call Center provides enrollment services and manages benefits for Foodshare, Medicaid, Family Planning only, Caretaker Supplement)</i>	
Iowa County Department of Social Services	608-930-9801
<i>(Application preparation assistance for programs such as Foodshare, Fuel Assistance, Medicaid)</i>	
Independent Living Resources- Benefit Specialists	608-647-8053
<i>(Application preparation assistance for programs such as Foodshare, Fuel Assistance information, Medicaid application, SafeLink, Disability Programs, Social Security.)</i>	

### **Social Security Administration**

6011 Odana Rd Madison, WI .....866-770-2262

## **ADVOCACY**

<b>Advocacy for the Aging Population:</b>	
Greater Wisconsin Agency on Aging Resource, Inc	608-243-5670
Wisconsin Ombudsman Program	800-815-0015
<i>(Concerns, problems and questions regarding nursing homes, CBRF's, home health and long-term care)</i>	
<b>Advocacy for the Disabled Population:</b>	
Disability Rights of Wisconsin	608-267-0214 or Toll Free 800-928-8778
	TTY 888-758-6049
Independent Living Resources	888-474-5745
<b>Domestic Violence Services:</b>	
Family Advocates, Inc	<a href="http://www.famadv.org">www.famadv.org</a> 800-924-2624
Green Haven Family Advocates	<a href="http://www.greenhaven4help.com">www.greenhaven4help.com</a> 608-325-7711
<b>Advocate for yourself by contacting your Elected Officials</b>	



State Legislators	<a href="http://www.legis.state.wi.us">www.legis.state.wi.us</a>	800-362-9472
Congress	<a href="http://www.house.gov">www.house.gov</a> <a href="http://www.senate.gov">www.senate.gov</a>	202-224-3121

## **LEGAL SERVICES**

### **Guardianship/Power of Attorney/Representative Payee**

GWAAR- Guardianship Support Center Hotline	800-488-2596
Wisconsin Dept of Health Services- Corporate Guardian/ Rep Payee Directory	608-266-8481
Wisconsin State Bar Referral Services	800-362-9082

Power of Attorney for HealthCare and Power of Attorney for Finance Forms:  
Department of Health Services website- [www.dhs.wisconsin.gov/forms/advdirectives](http://www.dhs.wisconsin.gov/forms/advdirectives) or  
can be obtained from the Aging and Disability Resource Center.

### **Abuse and Neglect Resources**

<b>Domestic Violence Services:</b>		
Family Advocates, Inc	<a href="http://www.famadv.org">www.famadv.org</a>	800-924-2624
Green Haven Family Advocates	<a href="http://www.greenhaven4help.com">www.greenhaven4help.com</a>	608-325-7711
<b>To report child abuse:</b>		
Iowa County Department of Social Services		608-930-9801
After Hours: Contact the Sheriff's Department and request an on-call worker to be paged.		
<b>To report elder/vulnerable adult abuse:</b>		
Aging & Disability Resource Center		608-930-9835
After Hours: Contact the Sheriff's Department and request an on-call worker to be paged.		
<b>To report maltreatment in Nursing Homes, Assisted Living, Home Care:</b>		
Wisconsin Division of Quality Assurance, Southern Regional Office		800-642-6552
• Bureau of Assisted Living		608-264-9888
• Bureau of Nursing Home Resident Care		608-266-7474
• Caregiver Quality		608-261-8319

### **General Legal Aid and Services**

Better Business Bureau	800-273-1002
Wisconsin State Bar Referral Services	800-362-9082
Consumer Protection & Fraud Reporting	800-998-0700
Ombudsman Program (WI Board on Aging & Long Term Care)	800-815-0015
Legal Action of Wisconsin	1-800-362-3904    1-800-947-3529 (TTY, VCO or HCO)
Community Justice, Inc.	608-204-9642
WI Dept. of Ag, Trade, and Consumer Protection	800-422-7128
Tenant Resource Center- Rental Rights Phone	Toll Free 1-877-238-RENT
	Mediation Services 1-608-257-2799
UW-Madison Legal Clinic	
Neighborhood Law Clinic	608 260-8221



Consumer Law Clinic	608 263-6283
Mediation Clinic	608 262-4870
Housing Discrimination Hotline	(800) 669-9777, TTY (800) 927-9275

## **FOOD RESOURCES**

### **Nutrition Sites & Home Delivered Meals**

Congregate and home delivered meals are provided by the Seniors United for Nutrition (SUN) Program to help older persons remain healthy, active and independent. All meals are no added salt and accommodations can be made for diabetics. Congregate meal suggested donation is \$5.00. Home Delivered suggested donation is \$5.50 The following list is the nutrition sites in Iowa County.

<b>Arena-</b> Arena Manor Contact: Candy Wilson, Site Manager 608-341-6859
<b>Avoca-</b> Avoca's Village Office Home Delivered Meals (M, W, Fridays) 608-930-9845
<b>Blanchardville~</b> Call the Viking Café. 608-523-4327
<b>Dodgeville/Barneveld/Ridgeway-</b> Hidden Valley Church SUN Office 608-930-9845
<b>Highland-</b> Ss. Anthony & Philip Church, Naomi Michek, Site Manager 608-929-7482
<b>Linden/Cobb/Rewey-</b> Municipal Building Contact: Eunice Naeger, Site Manager 608-623-2800
<b>Mineral Point-</b> Home Delivered Meals Only Contact: 608-987-2696
<b>Muscoda-</b> Community Building (Grant County ADRC Operated) Contact: 608-739-3180

### **Other Home-Delivered Meal Options**

Mom's Meals [www.momsmeals.com](http://www.momsmeals.com) 1-866-204-6111

### **Home Delivery of Groceries**

Point Foods- Mineral Point 608-987-2393  
Miller & Son's-Mount Horeb (delivers to Barneveld) 608-437-3081

### **Nutrition Information**

UW-Extension: Wisconsin Nutrition Education Program(WNEP)	608-930-9850
*Families that receive FoodShare can improve their food security through education.	
FoodShare Program	888-794-5480
<a href="http://www.accesswi.gov">www.accesswi.gov</a> Purchase food at a grocery store, mealsite, or home delivered meal with a plastic "Quest Card." Monthly benefit amounts are based on net income and household size.	
FoodShare Helpline-Second Harvest	877-366-3635
Senior Farmer's Market Vouchers (June-October)	608-930-9835
For people over the age of 60. This program promotes eating healthy by offering \$25 in vouchers to purchase fresh fruit and vegetables at the local farmer's markets. Income restricted.	

### **Food Pantries/Community Meals**

**Arena:** Community Food Pantry  
314 Willow St., Unit 12.(old elementary school) Pantry hours are on the 2<sup>nd</sup> Wednesday of the month from 1pm-5pm and the last Saturday of the month from 10am-12pm.  
608-753-2169.

**Barneveld Pantry**

Barneveld Lutheran Church 505 Swiss Lane Barneveld, WI 53507  
608-924-8621 Open Wednesday from 9:30 to 3:30.

**Barneveld Community Cafe** 110 E Orbison St.

Barneveld, WI 608-924-0125

Community Meal (At Will Donation) Tuesday-Sunday 7:00am-1:00pm

**Blanchardville:** Blanchardville Lutheran Church (Pecatonica School District - Blanchardville/Hollandale)\* 1st & 3rd Saturday 10:00 to 11:00 a.m. Clients are allowed to visit monthly. Contact: Jean Christen, (608) 967-2349

**SWCAP Food Pantry**

138 S Iowa St **Dodgeville**, WI 53533 608-930-8733 Open to all residents of Iowa County. Food is available on Tuesday 9-5:30, Thursday 8-3:30, Saturday 9-1:00 by appointment only.

Dodgeville Community Meal 327 N. Iowa St.

**Dodgeville**, WI 53533 608-935-5451

FREE Community Meal every Wednesday 5:00pm-6:30pm

Ruby's Food Pantry- Hidden Valley Church 605 Bennet Rd.

**Dodgeville**, WI 53533 3<sup>rd</sup> Tuesday of each month 4:00-5:30pm

(Pay \$22.00, but get over \$100 of food)

**Highland Mobile Food Pantry**

Ss Anthony & Philip Church 726 Main Street Highland, WI 53543

608-929-4544 or 608-623-2095 Open last Monday of the month from 4:30-5:30.

Please bring own bags and boxes.

**Iowa-Grant Food Pantry**

United Methodist Church 415 W. Woodward St. Livingston, WI 53554

608-943-6606 Open to residents of Iowa-Grant school district.

Vouchers for purchase of food.

**Mineral Point Food Pantry** Faith Lutheran Church

706 Ridge Street Mineral Point, WI 53565 608-987-3454 Open 2nd and 4th

Sundays of the month from 10:00-12:00

Mineral Point Community Meal 300 Maiden St. **Mineral Point, WI 53565**

FREE Community Meal 4<sup>th</sup> Wednesday 5:00pm-6:30pm

**Neighbors Helping Neighbors** (Blue Mounds/Mount Horeb)

102 E. Lincoln St. in Mt. Horeb. The pantry is open on Friday from 9am—10:00am for seniors only; then open from 3pm-6pm for everyone else. On Saturdays the pantry is open to everyone from 9:30am-11:30am. 608-437-6114

**Riverdale Food Pantry**

St Johns Parish Church Beech and Wisconsin Ave Muscoda, WI 53573 608-739-3391  
 or 608-739-4017 Open to residents of Riverdale school district  
 Open 3rd Monday of the month from 2:30-5:00

**Community Food Pantry of Spring Green**

Spring Green Community Church 151 E Bossard Street Spring Green, WI 53588  
 608-588-2442 Open to residents of River Valley school district.  
 Open 3rd Monday of the month from 10:30-12:30 and 4:30-6:30.

## **HOUSING OPTIONS**

For up-to-date and accurate information on types of housing and locations, please call the Aging and Disability Resource Center at 608-930-9835.

**Apartments**– Apartment living could eliminate yard care, home maintenance and possibly climbing stairs depending on the various locations and can increase social contact as well as reduce housing costs. Iowa County offers a variety of rental housing for all income levels.

**Adult Family Homes**– A place where 3 or 4 adults who are not related to the operator reside and receive care, treatment or services that are above the level of room and board and that may include up to 7 hours per week of nursing care per resident. Family Care certifies one and two bed adult family homes; the State of Wisconsin licenses three and four bed adult family homes.

**Community Based Residential Facilities (CBRF)**- Sometimes referred to as **Assisted Living Facility**, A place where 5 or more unrelated people live together in a community setting. Services provided include room and board, supervision, support services, and may include up to 3 hours of nursing care per week.

**Residential Care Apartment Complexes (RCAC)**- Independent apartment units in which the following services are provided: room and board, up to 28 hours per week of supportive care, personal care, and nursing services.

**Nursing Home & Rehabilitation Facility**– Facilities that offer skilled nursing care when extensive personal care and medical needs exist. \*Check with the nursing home of your choice, to see if they offer a Memory Care Unit, if applicable.

**Upland Hills Nursing & Rehab Center**.....608-930-7600  
**Mineral Point Health Services**.....608-987-2381

**Housing and Housing Choice Voucher (Section 8 Program)**.....800-955-2232  
*The U.S. Department of Housing and Urban Development (HUD) administers Federal aid to local housing agencies (HAs) that manage the housing for low-income residents at rents they can afford.*

**Dodgeville Housing Authority/Allegiant Property Management**.....888-393-3282

**WIHousingSearch.org**.....877-428-8844

*A free housing locator service, was created to help people list and find safe and decent, affordable, accessible and, when necessary, emergency housing.*

## **Tenant Rights Resources**

Tenant Resource Center- Rental Rights Phone	1-608-257-0006 Toll Free 1-877-238-RENT
Housing Discrimination Hotline	(800) 669-9777, TTY (800) 927-9275
Disability Rights of Wisconsin	800-928-8778
Fair Housing of Greater Madison	608-257-0853

## **Emergency Temporary Shelters**

<b>Platteville, WI</b>	
Family Advocates, Inc	608-348-5995 24 hour crisis line 800-924-2624 (Provides services for women & children victims of domestic violence, elder abuse, sexual assault.)
Family Promise of Grant County (provides temporary shelter to families)	608-723-3355 <a href="http://www.familypromiseofgrantcounty.com">www.familypromiseofgrantcounty.com</a>

<b>Dubuque, IA</b>	
<b>Males only:</b>	
Rescue Mission	563-583-1394
Catholic Workers	563-582-9079
<b>Females only:</b>	
Maria House	563-582-7480
Safe Strides Emergency Shelter	563-556-7233
Teresa Shelter	563-690-0086
Dubuque Community Y- Domestic Violence Shelter	563-556-1100
Mary's Inn-Maternity Home	563-552-6288
<b>Madison, WI</b>	
Porch Light	608-257-2534
The Road Home	608-294-7998
Salvation Army	608-250-2251
YWCA	608-256-2321
<b>Dodgeville, WI</b>	
Southwest CAP –Iowa County Shelters 2326	608-935-
<b>Monroe, WI</b>	
Green Haven Family Advocates	608-325-7711
Family Promise of Green County <a href="http://www.familypromisegreencounty.com">www.familypromisegreencounty.com</a>	608-328-2600
Men's Resource Center	608-558-0925

## **HOUSING REPAIR AND REHABILITATION PROGRAMS**

Most programs and funding are for: repair or replacement of roof, siding, windows and doors, electrical, heating system, plumbing system, handicapped accessibility improvements or

modifications, energy efficiency improvements, and other general improvements. Contact the individual organizations for more information and requirements.

Access Elevator <a href="http://www.allaboutaccess.net">www.allaboutaccess.net</a> (Rent or Purchase ramps, lifts, install grab bars, walk-in showers)	414-727-2524
Habitat for Humanity- WI River Habitat/ Iowa County <a href="http://www.hfhwisconsinriver.org">www.hfhwisconsinriver.org</a> (Home Repair Program, Home Ownership Program)	608-448-2888
Independent Living Resource Center <a href="http://www.ilresources.org">www.ilresources.org</a>	608-647-8053
Movin' Out <a href="http://www.movin-out.org">www.movin-out.org</a> (Rehab loan to fix roof, repair or replace furnace, ramps, install handrails etc)	877-861-6746 x7
Southwest CAP—Iowa County Housing Rehabilitation Program <a href="http://www.swcap.org">www.swcap.org</a> (Rehab loan to fix roof, repair or replace furnace, ramps, install handrails etc)	608-935-2326 ext 217
Tomorrow's Home Foundation Helping Hand Assistance Program (For Mobile Home/Pre-Fab Homes only) <a href="http://www.tomorrowshomefoundation.org">www.tomorrowshomefoundation.org</a>	608-255-1088
USDA Rural Development <a href="http://www.rurdev.usda.gov">www.rurdev.usda.gov</a> (Rehab loan to fix roof, repair or replace furnace, ramps, install handrails etc)	608-935-2791 ext 4
Neighborhood Housing Services of Southwest Wisconsin <a href="http://www.nhsrwi.org">www.nhsrwi.org</a> (Muscodas, Avoca, Arena only)	608-647-4949
Team Rubicon Disaster Relief Assistance <a href="http://www.teamrubiconusa.org">www.teamrubiconusa.org</a>	608-574-3027

## **Mortgage/Rent/Utility Assistance**

Rural Housing, Inc <a href="http://www.wisconsinruralhousing.org">www.wisconsinruralhousing.org</a> (assistance with security deposit, delinquent rent & mortgage, utility assistance, property taxes)	608-238-3448
Southwest Community Action Program(SWCAP) <a href="http://www.swcap.org">www.swcap.org</a> (eviction prevention programs)	608-935-2326
Allegiant Property Management (Section 8/HUD Rental Assist.)	888-393-3282

## **Household Supplies & Discounted Clothing**

SWCAP- Community Treasure Thrift Store Dodgeville (Gently used items like clothing of all sizes, bedding, towels, shoes etc). Household items and furniture items available when donated. Small fee may apply.) Social Services can give a voucher for some clothing expenses.	608-935-2326
New Beginnings Dodgeville (Gently used items like clothing of all sizes, bedding, towels, shoes, coats, boots, snow pants, hats, gloves. Household items and furniture items available when donated.)	608-574-1138
Bargain Nook Stores- Hodan Center, Inc Mineral Point (100% of the profits help support people with disabilities.)	608-987-3774
Pregnancy Helpline of Madison (All programs and services are free of charge, including Baby Care Packages, Safe Sleep, free diapers from our Diaper Bank, and more)	608-222-0008

## **TRANSPORTATION**

## Aging and Disability Resource Center

608-930-9835

Provides transportation for people with disabilities and/or age 60 and over, unless specifically indicated. Travel to nutrition sites, shopping & medical appointments are examples of what people use the transportation services for:

- **Bus “Care A Van”** service is provided using wheelchair accessible buses three days a week on a fixed schedule. Also, special trips to various locations offered throughout the year. Small fee charged.
- **Volunteer Escort Program**  
(For those not on medical assistance, volunteer drivers provide transportation to non-emergency medical appointments. A small fee is charged and 48 hours advance notice is needed. A person must be ambulatory.)
- **ADRC Taxi** service is provided using a wheelchair accessible van. This operates on Monday, Wednesday & Friday from 7:45am-3:30 pm only in Dodgeville. 608-553-0590
- **Rural Taxi** service is provided using a wheelchair accessible van. This will travel anywhere throughout Iowa County on Tuesdays & Thursdays. The hours will be 8:15am-4:00 pm.

## Other Transportation Services

<b>Lamer’s Bus Services</b> runs daily Madison to Dubuque, stopping in Dodgeville at Citgo 420 N. Iowa St at 9:35am to Madison and 6:15pm to Dubuque.		
<b>Veyo</b> (for those on medical assistance who need a physical ride to a medical appointment or can also get mileage reimbursement.)		Reservation Line 866-907-1493
<b>LIFT Transportation</b> *Wheel-chair accessible		877-798-5438
<b>Veteran’s Volunteer Driver</b> (Scheduling a ride is between the hours of 8:00am-4:30pm, 48 hours advance notice)		608-930-9865
<b>Specialized Transport:</b>		
Coulee Trails	Viroqua	888-300-9796
VanGO	Madison	608-849-7070
Ryan Brothers	Madison	877-257-9591
<b>Work-N-Wheels Program (SWCAP)</b> Affordable vehicles for those working. 0% interest loans.		608-935-2326
<b>Supportive Home Care Agencies also could provide transportation to run errands. Reach out to an agency today.</b>		

## Driver’s License Information

If you feel that someone you know is no longer able to operate a motor vehicle safely, please contact your local DMV.

DMV- Iowa County (Tuesdays & Thursdays 8:00-5:00pm)  
Springate Mall 316 W. Spring Street  
Dodgeville, WI 53533 608-264-7447

## RECREATION

## Senior Centers

Dodgeville Senior Center	608-930-9845
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## Other Recreational Sites

Seniors United for Nutrition(SUN) Mealsites	608-930-9845
Easter Seals Camps	800-422-2324
Wisconsin Badger Camp-Platteville <a href="http://www.badgercamp.org">www.badgercamp.org</a>	608-348-9689
Special Olympics <a href="http://www.specialolympicswisconsin.org">www.specialolympicswisconsin.org</a>	800-552-1324
Aging & Disability Resource Center (Prevention & Wellness Classes-Stepping On, Special Bus Trips) <a href="http://www.adrcswwi.org">www.adrcswwi.org</a>	608-930-9835
Hwy 23 website of events going on in Iowa County: <a href="https://hwy23events.wordpress.com/">https://hwy23events.wordpress.com/</a>	
Folklore Village Dodgeville WI Folklore Village provides a broad range of cultural and recreational programs.	608-924-4000
Upland Hills Hospital (Wellness and Fitness Classes for people of all ages through the therapy department. Join Indoor Fitness Walking for Free).	608-930-8000

## Volunteer Opportunities

*"Volunteers don't necessarily have the time, but have the heart".* For a **complete** listing of opportunities, contact the ADRC.

Aging & Disability Resource Center "Prevention Programs"	608 930-9835
Aging & Disability Resource Center "Volunteer Driver Escorts"	608-930-9835
SouthwestCAP Foster Grandparent Program	800-704-8555
SouthwestCAP Homeless Shelter, Food Pantry	608-935-2326
Seniors United for Nutrition Program, Inc (SUN Program)	608-930-9845
Upland Hills Health	608-930-7230
Iowa Co. Humane Society- Foster Parent, Cat Cuddler, Dog Walker	608-935-1381

## CAREGIVER SUPPORT

Caregiver Support Programs help caregivers in their supportive role. These programs include, but are not limited to individual counseling, support groups, caregiver training, and respite care.

National Family Caregiver Support Program (NFCSP)	608-930-9835
Alzheimer's Family Caregiver Support Program (AFCSP)	608-930-9835
Veteran Affairs Caregiver Support Line	855-260-3274
Aging and Disability Resource Center: Caregivers Support Group	608-930-9835
Family Caregivers Rock	<a href="http://www.familycaregiversrock.org">www.familycaregiversrock.org</a>

## **SUPPORT GROUPS**

Support Groups are an excellent way to give and receive support. Support Groups are designed for friends, family and caregivers, as well as the individual affected by a particular disease or disability.

*The following maintain a list of support groups:*

Aging & Disability Resource Center	608-930-9835
Alzheimer's & Dementia Alliance	888-308-6251
Upland Hills Health	608-930-7230

## **YOUTH SERVICES**

**Children with Special Health Care Needs-** UW Waisman Resource Center 1500 Highland Avenue Madison, WI 53705 800-532-3321 [www.waisman.wisc.edu/wrc/](http://www.waisman.wisc.edu/wrc/)

(Dedicated to serving families and providers who care for children and youth birth to 21 years of age with a long term chronic physical, developmental, behavioral or emotional illness or condition.)

**Well Badger Resource Center-** 1-800-642-7837 [wellbadger.org](http://wellbadger.org)

(Provides health-related Information & Referral (I&R) services to individuals, families, and health professionals throughout the state. They specialize in referrals for pregnant women and new moms, children and youth with special health care needs, and low-income families.)

**Wisconsin Family Ties** is a statewide not-for-profit run by families for families that include children with emotional, behavioral and mental disorders. Parent-peer specialists provide support, education, advocacy and information, as well as referrals for families. Parent representatives are also involved to build awareness of family needs on the local, state and national level. [wifamilyties.org](http://wifamilyties.org) 800.422.7145

**Advocacy & Benefits Counseling for Health, Inc. (ABC for Health)** is a Wisconsin-based, nonprofit public interest law firm dedicated to linking children and families, particularly those with special needs, to health care benefits and services. Experienced staff can help families who have received a Medicaid or private insurance denial, lost coverage or need help finding health coverage. [safetyweb.org](http://safetyweb.org), 608.261.6939

**Iowa County Children's Programs:** Family Support Program, Autism, and Children's Long Term Supports. A child must be under the age of 22 years and meet functional and financial eligibility.

- The Family Support Program provides individual services and supports to families that include a child with severe disabilities. Contact Unified Community Services 608-723-6357.
- The Children's Long Term Support Program (CLTS) provide a structure within which Medicaid funding is available to support children who are living at home or in the community and who have substantial limitations in multiple daily activities



as a result of one or more of the following disabilities: developmental disabilities, severe emotional disturbances, and physical disabilities. Contact Iowa County Department of Social Services 608-930-9801.

- The CLTS Waiver Program currently provides funding for specific autism treatment services not covered by BadgerCare Plus, Medicaid, or the Katie Beckett Program. Contact Lutheran Social Services of Wisconsin 414-325-3098.

### **Advocacy Services with Schools**

The following organizations can provide information and assistance to parents who have questions or concerns related to opportunities in education.

FACETS(Family Assistance Center for Education, Training and Support	608-824-8755
WSPEI(Wisconsin Statewide Parent Educator Initiative)	877-844-4925
CESA 3 (Cooperative Educational Service Agency)	608-822-3276
Wisconsin Special Education Mediation	888-298-3857

### **Youth in Transition**

Aging and Disability Resource Center 608-930-9835  
(Transition from school to the adult world takes on special importance for youth with disabilities. When high school ends, so does their entitlement to special education and related services. Needed services and support must be coordinated. Our staff will help give you the resources and information you need to navigate through this very important life transition.)

Division of Vocational Rehabilitation (DVR) 608-935-3113  
(You are eligible for DVR services if you have a disability that makes it hard for you to find or keep a job and you need DVR services to deal with your disability limitations. After you apply, DVR has 60 days to decide if you are eligible. There is no charge to you for evaluation, counseling, job development and placement or post-employment services. If you are between the ages of 14-16 and receive an SSI payment, you could be eligible for the *PROMISE* program.)

## **PET RESOURCES**

Iowa County Humane Society	608 935-1381
OccuPaws – Guide Dog Association <a href="http://www.occupaws.org">www.occupaws.org</a>	608-772-3787
WAGS- Wisconsin Academy for Graduate Service Dogs <a href="http://www.wags.net">www.wags.net</a>	608-250-9247
Rover.Com	Find dog walkers, dog sitters in the area.
WisCARES Madison's south-side veterinary clinic and social service agency for low-income and homeless pet owners. Short/Long Term Boarding Available.	608-561-7387 <a href="http://www.wiscares.wisc.edu">www.wiscares.wisc.edu</a>
Harvest of Hope <i>A Wisconsin Family Farm Crisis Fund</i>	608-836-1455 <a href="http://www.madisonchristiancommunity.org">www.madisonchristiancommunity.org</a>

## **VEHICLE MODIFICATIONS**

A & J Mobility (automobile and van adaptations) <a href="http://www.aandjmobility.org">www.aandjmobility.org</a> Madison, WI	608-579-1500
G & T Mobility (automobile and van adaptations) <a href="http://www.gtmobility.com">www.gtmobility.com</a> Madison, WI	608-395-2350
Access Elevator (Vehicle lifts and modifications, including hand controls) <a href="http://www.allaboutaccess.net">www.allaboutaccess.net</a>	414-727-2524

## **COVID-19**

Project Runway Trained Crisis Counselors are available to help people better understand their situation and reactions, assist in the review of their options, provide emotional support and encourage linkage with resources.	<a href="http://www.projectrecoverywi.org">www.projectrecoverywi.org</a> or 211
Iowa County Health Department	608-930-9870

## **Contact information for regional satellite offices:**

Lafayette County Office  
15701 County K  
Darlington, WI  
608-776-4960

Green County Office  
N3152 State Rd 81  
Monroe, WI  
608-328-9499

Grant County Office  
PO Box 383  
Lancaster, WI  
608-723-6113

Website [www.adrcswi.org/iowa](http://www.adrcswi.org/iowa)

## **Want information on an ADRC, not listed above?**

Go to <http://www.dhs.wisconsin.gov/adrc/> for a complete listing of Wisconsin ADRC's or call 1-877-794-2372.